

# Life Always Matters

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## Corner Stones

Mark Wise, Executive Director

### Why is Hospice Unique and Fulfilling?

I was recently asked the above question and have reflected on the answer over the last few weeks. Hospice is fulfilling for various reasons to staff and volunteers, but below is what I thought.

What makes Hospice unique? Our mission focuses on hope. Hospice emphasizes life and surrounds life's realities with hope, compassion and quality care. We meet people where they are: with a terminal illness, facing death, maybe in physical, mental or emotional pain, yet providing them comfort and choices and in the process inspiring hope. This leads to what I believe makes Hospice fulfilling.

In each human being I believe there is an emptiness that we all seek to fulfill. People search for that fulfillment in wealth, religion, drugs, and pleasure (sports, art, self interests, etc.). Yet none of that ultimately fulfills. What fulfills is getting to know God (who is truth, love and ultimately our only hope). As I have searched for hope in life, I have witnessed His love revealed powerfully in the person of Jesus Christ. I see God's good characteristics revealed in those who know Him and reflect those characteristics of love, mercy, humility, serving and self-sacrifice. Jesus, who claimed to be the truth, lived the truth: greater love has no one than this that a man lay down his life for his friends. If there is fulfillment in Hospice it is only because assisting people, helping them in times of need, and serving them provides a glimpse of who God really is. An article on how we inspire hope is found on page 4.

Hospice would like to welcome our new Family Resource Coordinator, Lisa Sprouse. Lisa comes to Hospice with sixteen years of social work experience, eight of that as a supervisor. She takes Mary Collier's place, who resigned in March due to pursuing her Master's degree in counseling. Lisa has served on the Hospice Board and has closely experienced Hospice. We welcome Lisa as a member of our staff. See Lisa's Picture on page 5

### Hiring Consulting Firm

On June 1 Hospice of McDowell County hired Sims & Steele Consulting of Asheville to assist in its capital campaign effort. Sims & Steele is very familiar with McDowell County through coordinating the successful campaign for the Maxwell M. Corpening Jr. YMCA. The firm has extensive experience in planning, organizational development and fund-raising. Sims & Steele has recently hired Carol Dymond of Marion as Campaign Coordinator. Carol will start her position on August 2nd and operate from the campaign office generously provided by First Citizens Bank.

## I Would Have Gone With Them

By Sim Butler

Did you ever want to fly with Peter Pan when you were a child? Well, Christine Johnson did and she delighted in helping make the dream more visible for the children of McDowell County. She helped build sets, make costumes, and apply makeup to the actors when Foothills Community Theatre performed the play.

Christine is not happy unless she can keep busy and loves to have people around to talk to. She has a loving family and is especially proud of her two grandsons, but the family can't be with her all the time. After she had surgery and chemotherapy, her son had to take over 3 months off from work to stay with her. When he went back to work, she was alone a lot of the time for 3 weeks. She said, "I was about to go crazy with nothing but the TV and four walls".

*"I would have gone with them by the time they left".*

When a good friend told her husband about hospice care and her doctor agreed, Christine had terrible visions of having to spend the nights in some awful institution and other vividly imagined fears. In fact, her anxiety level was so high; she didn't want the hospice people to come in her house

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**Christine Johnson Busily Crochets**



**Hospice Nurse Checks Her Twice Weekly**

at day. To her amazement, the nurse held her hand and the family resource person was so nice, that she later thought, "I would have gone with them by the time they left". She said that she now feels so much more at ease since she has been getting hospice care.

A good part of Christine's greatly reduced level of anxiety has been the visits by hospice volunteers. One is teaching her how to crochet and make angels, however she says that they sometimes talk so much that they don't get much of their knitting done. Others are keeping her busy with canvas art and making suncatchers.

Even though she had a lot of health problems, Christine had to work at a fast-food restaurant to pay for her \$6,000 per year medicine bill. She said, "People don't know how rough it was". Now hospice pays for her medications and medical equipment that are related to her diagnosis. Like most people, they were not aware of this benefit of hospice care, but she and her husband say that it has been a true blessing to the Johnson family. Friends in the community tell her to hurry back to work so they can enjoy her good biscuits in the morning.

Christine says that her nurse is very nice as well as being a really good nurse. She said, "My nurse is so compassionate that she can't stand it if she thinks I feel bad." It also helps that the nurse does her lab work, saving her from trips to her doctor's office. The family resource person has been very attentive, even coming to see her on Saturdays, and they brought a cake and a yellow rose on their 54<sup>th</sup> wedding anniversary. She exclaimed, "I love him to death", at the mention of the hospice chaplain, and she couldn't believe that the nurse assistant came right on time during a snowstorm. "In fact, all of the hospice staff are good people", according to Christine.

With the support and encouragement of those "people", Christine has been able to keep anxiety from dominating her days, and those days are better quality ones. She has worked hard to learn how to walk again after being bedridden so long, and is able to get around the house on her own and even attend church.

### **Share Your Story?**

Your story about an experience with cancer in your family could appear in a forthcoming book. The author, Krista Pool, is embarking on this project so cancer patients and their families can read it for support. She wants to reach out to them and let them know that they don't have to face this challenge alone. She thinks it would also help any reader to be more aware of what cancer patients have to deal with. Krista hopes that this project will touch everyone—someone who is experiencing dying and death right now; someone who is grieving; someone who is considering whether or not to use Hospice services and many others. She plans to donate all proceeds to Hospice of McDowell County, Inc.

Krista's ambition is to become a youth minister, following the example of her youth minister at Marion First Baptist, Donna Shook. She is also very active in school organizations, having served as Junior Class President and President of Junior Civitan among other endeavors.

Editing a book of this nature would be a daunting task for anyone, let alone a seventeen year old. However, Krista is determined to publish this book and she is driven by her desire to share her experiences during and after her mother's illness. She was only seven years old when the dreaded diagnosis was made and ten at her mother's death. She remembers well how it felt going through this pivotal event in her life as well as the grieving process. There were so many emotions—sad, mad, lost—that it made her feel weird like she was different from

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## Growth Overflows Current Space

*Current office space no longer adequate to accommodate growth*

By God's grace and guidance Hospice continues to help more and more people who are facing difficulties in their life. The organization has grown tremendously over the last ten years when it first started in 1994.

The following graphic gives a brief overview of the growth.

	1995	2003
Staff	5	25
Patients Admitted	47	99
Days of Care	2,624	10,446



Overflowing Copy Room at the Hospice Office

The trend of increased numbers has continued in 2004 - in the first quarter, Hospice served an average daily census of 34 patients with 3,110 days of care - an increase of 41% over 2002. While Hospice has adjusted, modified and made additions to its current offices on Logan street, it is no longer adequate to accommodate the growing demand for Hospice services.

This trend is projected to continue as more people realize the benefits of earlier Hospice care, realize Hospice can be provided in the nursing home and more people over the age of 65 move to McDowell County. Hospice of McDowell County must be prepared to meet the needs of our aging population.

In addition to serving greater numbers of patients and families each year, and adding staff and volunteers, Hospice has recently engaged in strategic planning centered on improving end-of-life care for McDowell County residents and expanding community outreach programs. These new initiatives put additional pressure on an already overcrowded facility. Clearly, it is time to build a new home for Hospice care in McDowell County.

## Hospice Acquires Land to Expand Services

McDowell County residents can look forward to expanded services for those individuals and their families who are facing the end of life, as well as outreach programs for the entire community. Hospice has acquired land for future construction of a Community Center of Hope.

Eight acres of land on Airport Road was recently purchased for the new building. An expanded facility is needed to relieve crowding in the current operations house and allow development of the critical services that Hospice provides. The 218 Logan Street house has been provided by Marion First Baptist Church free of rent since Hospice moved from a Courthouse office in 1995.

Mark Wise, Executive Director, said "A larger facility will enable us to meet the current demand for services more fully and prepare us to meet the growth that we expect to continue as our population ages and retirees move into the county".

The goal of the staff and Board of Directors is to build a Community Center of Hope, containing administrative offices and operations space, where they can provide expanded services for more patients, outreach programs for the entire community for support during times of grief, and education

on end-of-life planning. The hope is to build the new facility by 2006.

Hospice Board President, Bobbie Young, said, "Hospice is dedicated to inspiring hope for the patients and community through expanding our services. We are excited about taking this step."

In 2003 a total of 99 patients were served and given 10,446 days of care.

Throughout the newsletter are boxes (like the one below) containing comments from Hospice of McDowell County, Inc. Volunteers! Why do they volunteer? Can you identify with their reasons?

**Barbara McLain**, Patient Care Volunteer since 1996 (former teacher of mentally handicapped children) "I was thrilled when I learned that McDowell County had a Hospice. I knew when I retired from teaching the mentally handicapped that I would have to find a place I could be of service to others. I love helping others...always have. I guess I could say I feel a call on my life to be a caregiver. Being of service to others is the reason we were created and gives life meaning...giving to others... I have found that I always receive more from my Hospice patients than I could ever give to them."

## ABOVE & BEYOND THE CALL

by Doreen Reynolds, Volunteer Coordinator

...Volunteers Making A Difference

June 7, 2004, was a special night for Hospice of McDowell County, Inc. staff and volunteers. Approximately seventy people gathered at the First United Methodist Church on Robert Street to enjoy the annual **Volunteer Appreciation Banquet**, given by HOMC to honor and show appreciation to our faithful volunteers. A delicious buffet meal, complete with desserts and fresh fruit, was served by our Hospice staff and entertainment was provided by Glen Ward, of Columbia, SC. His style of entertainer/speaker, complete with musical impersonations of Willie Nelson, Aaron Neville, Louie Armstrong, Johnny Mathis, to name a few, was a great success in bringing a tone of joy and laughter to the evening.

The banquet theme for the evening was "Hospice Volunteers...Above & Beyond the Call". Some of these BTC (Beyond the Call) happenings include: providing a shower massage showerhead & a shaved ice machine to a patient in much discomfort, painting a patient's bedroom to make his surroundings more cheerful, spending the night with a patient to help her feel more relaxed for a better night of rest, providing potted tomato plants for a *former* gardener to enjoy and delivering home baked cookies with foot-in-cast. The list goes and on and on with numerous acts of kindness.

Volunteers that have served HOMC for one year and five years were recognized by receiving a Hospice service pin. (Listed below.)

**One Year:** Jim Brewer, Lindsey Brock, Linda Cloherty, Brenda Killough, George Miller, Ed Rankin, Bob Reiff, Betty Roper, Jan Shuford.

**Five Year:** Mary Cate, Linda Wood, Nancy Worley

(Pins mailed to those not present. Please let me know if you have not received your service pin.)

Many of our volunteers have served faithfully for more than five years, and are among our most treasured Hospice friends. Many, many, thanks to our dedicated HOMC volunteers.

**WE APPRECIATE YOU !!**

## CONGRATULATIONS

**Hy & Martha Cauthen**, our very own Patient Care volunteers, received recognition at the annual McDowell County Volunteer Recognition Reception held at the McDowell County Senior Center on May 27, 2004.

This event is sponsored by the McDowell Volunteer Center and is given for the purpose of recognizing the citizens of McDowell County who are so generously giving of their time and energy to enrich the lives of others. McDowell County agencies, organizations, companies, churches, schools, etc., were given the opportunity to recognize their own **outstanding** volunteers. All nominees from the various groups in McDowell County were called forward to receive a certificate and desk clock (including Charles and Mary Lou Radford of Helping Hands Thrift Shop; see page 3), but only five awards were given for **outstanding** volunteers.

Hy & Martha have made a substantial contribution to Hospice of McDowell Co., Inc. during their years of service as Patient Care volunteers. We love and appreciate them very much and are so glad they call McDowell County "home".

## Administrative Office News

Donna Goodrich, Office Manager



Debbe Buller  
Administrative Secretary

The newest members of our team are Debbe Buller, Administrative Secretary.

Debbe brings a good deal of experience and a diverse background to her new position. She is pleased to be associated with such a vital organization,

teamed with such fine people.

The addition of Debbe to Donna Yates and Margie gives us an experienced, skilled and dedicated administrative support team.

## *Searching For A Few Good Volunteers!*

Mtn. Glory, National Hospice Month, Tenth Year Anniversary of Hospice of McDowell County, Inc. and the Annual Memorial Service are just around the corner.

Hospice needs volunteers to assist with planning and implementation of activities for each of these events.

Great opportunities to volunteer for a one time event. It doesn't matter if you are a first time Hospice Volunteer or been a Hospice Volunteer for years. We need You!

If you are interested, please contact Jane Gouge, RN, Community Outreach Nurse at (828) 652-1318 or email [jgouge@hospiceofmcdowell.org](mailto:jgouge@hospiceofmcdowell.org) as soon as possible. Your ideas and assistance will be greatly appreciated.

## Truth of the Matter

Jane Gouge, RN  
Community Outreach Nurse

In the last issue, we looked at Hospice serving only patients with a diagnosis of cancer, which is not true. Hospice serves many life-limiting illnesses. When the physician says, "I recommend hospice care", the feeling that hope is lost is overwhelming. This misconception is far from the truth.

Talk to the patient and family members who have had Hospice care for three years and they'll tell you they look forward to the visits and the welcome friendship of staff. Families who recently lost their loved one after having Hospice care for only two weeks, will likely say, "I wish we had called Hospice months ago."

Many times the patient and family feel hopeless. Hospice steps in with hope through support & care for both the patient and family.

### ➤ Hope of compassionate, quality care for patients

...Staying home with family in familiar surroundings.

...Living life to the fullest, doing the things they've always done for as long as possible.

...Alternatives, when there is no home, no family, or no financial means.

...Help is a phone call away - staff on-call 24/7, 365 days of the year.

...Care and comfort, when the illness no longer responds to curative treatment.

...Symptom management.

...Being as alert and as pain free as possible.

### ➤ Hope of understanding what is happening through education and training

...Having those hard to ask questions anticipated by trained professionals, then discussed with care, understanding, respect and dignity.

...Being served with professional dignity and respect.

...Knowing that your family is supported emotionally and spiritually.

...Maintaining control for as long as you can.

...Knowing that when you are no longer in control, your wishes will be honored with dignity and respect.

***Hope is the core of Hospice care!*** As more and more patients are realizing that hope abounds in Hospice care, they are seeking that hope by calling Hospice of McDowell County, Inc. at (828) 652-1318 for more information. One of their first questions is "What does Hospice care cost, is it expensive?"

In the next issue, we will investigate the myth "I can't afford Hospice care!"

### Kenny Greene

**Committee Volunteer** (former Board member) since Jan. 1998 (presently Human Resource Manager with Collins & Aikman)

"...I saw the value to the community in 1997 when both of my parents died of cancer and Hospice was so helpful...I have felt that it somehow honored my parents and their memory to be a board member and now a committee member. Hospice is a worthwhile cause and I have enjoyed my involvement with them."



**Lisa Sprouse**  
**Family Resource Coordinator**



### ***Share Your Story?***

**Continued from page 2**

her friends and had to endure this all by herself. However hospice's Family Resource staff provided counseling and helped the family come to terms with her mother's death.

If you have a story to tell, or perhaps a poem, call Jane Gouge, RN, Community Outreach Nurse at Hospice, 652-1318. Assistance in writing your story will be available.

The deadline for sending in your story is September 30th. For you, the benefit will be an opportunity to share, to heal, to reach out to others experiencing the same things that you experienced; to know that memories of you and your loved one will live through this book and help others by guiding them, reassuring and encouraging them through your story.

## Newsletter Notice

If you have received this newsletter in error or wish to no longer receive the Hospice of McDowell County, Inc. newsletter, please notify us.

If your address has changed, please notify our office, so that we may correct it on our mailing list.

You may notify us in writing at

Attn: Office Manager

218 Logan Street,

Marion, NC 28752

or via phone at (828) 652-1318

or via email at

[hospice@hospiceofmcdowell.org](mailto:hospice@hospiceofmcdowell.org)

## *If We Missed an Acknowledgment, Please Forgive Us!*

We strive to make certain that all gifts are acknowledged accurately, but it is possible errors have been made. If you discover an error, please notify us so we can correct it.

Thank you for your continued support.

## Information About Contributions

For your contribution to be tax-deductible in the current year your check must be dated this year and the envelope postmarked by December 31<sup>st</sup>. The IRS requires that the above rules be strictly observed and may inspect a check to verify the date deposited and cleared by the banks, as well as proof of the date mailed. Thank-you for your continued support of the work of Hospice of McDowell County, Inc.

Hospice of McDowell County, Inc. gratefully accepts contributions, memorials and honorariums from the community.

### **Mary Ellen Yeargan, Patient Care Volunteer since 1995 (Retired Teacher Assistant and Minister's Wife)**

"I felt the Lord calling me to help others, and when I heard of the training being offered for hospice volunteers, I signed up. After taking the training, it was confirmed to me that the Lord wanted me to do this. Dealing with sickness and dying as a minister's wife for years, gave me the experience to do this kind of service."

## Contributions

January 1, 2004 through June 30, 2004

### Honorariums (In Name Of)

#### Major Ayers

Marion Moose Lodge #1705

#### Mrs. Patsy Childers

Roberts, Mrs. Grace

#### Mr. Bob Ross

Hyde, Lee

#### All Cancer Survivors

Stevenson, Mr. and Mrs. LeeRoy

### Memorials (In Name Of)

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**Elaine Gaddy**

Patient Care Volunteer since 2001. (Licensed cosmetologist and runs her own business; also, cancer survivor.) Volunteering with the same patient the longest of any HOMC volunteer, since May 2001.

"...I have loved being part of such an amazing organization...the loving, caring people, and the services offered are wonderful. Hospice is sometimes the main support for some people during their most trying time. Also, the blessings and love you receive back from the patients and families surpass anything the volunteers could give."

**Mr. Matthew Easterwood**Atkins, Mr. and Mrs. Jerry  
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Cross Memorial Bpt "Ruth" S.S. Class

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McCraw, Mr. and Mrs. Douglas

**Mr. S.B. McFalls**  
Bumgarner, Mr. and Mrs. Jerry  
Dehart, Mr. and Mrs. William  
McDowell Hospital Lab

**Mr. Carl McGalliard**  
Brooks, Ms. Risberth

**Ms. Pauline McGee Gallion**  
Stafford, Ms. Zula  
Worthen, Ms. Nora

**Mr. Authur McKinney**  
Zion Hill Community (Friends & Neighbors)

**Mrs. Pauline McKinney**  
Bailey, Mr. and Mrs. Wendell  
Parker, Mr. Dustin  
Pleasant Gardens Baptist Church  
Price, Mr. and Mrs. Paul

**Mr. Jim Miller**  
Pierce, Mr. and Mrs. Steven

**Mr. Tommy Milligan**  
Chapman, Mr. and Mrs. Tom

**Mr. Floyd D. Mode**  
Wolfe, Ms. Glenda

**Mr. Guy Moody**  
Goodwyn, Ms. Sandra

**Jim Neighbors**  
Cross Memorial Bpt "Ruth" S.S. Class

**Mr. W. Ray Nesbitt**  
Coyne Jr, Mr. and Mrs. James  
Estes, Mr. Donald  
Freeman, Mr. and Mrs. Ted  
Hallman, Mrs. Mary  
Hollifield, Mr. and Mrs. Gilbert  
Love, Jr, Mr. and Mrs. M.C.  
Love, Mr. and Mrs. Ray  
Mullis, Mr. and Mrs. Steve  
Shinn, Jr, Mr. P Stewart  
Thomas, Mr. and Mrs. Danny

**Mr. Ralph Nodine**  
Autry, Ms. Mary  
Dorato, Mr. Frank  
Early, Mr. William  
Garner, Mr. and Mrs. Roger  
Gouge, Mr. and Mrs. Herbert  
Hogan, Mr. A.C.  
Jolley, Mr. J.C.  
Newton, Mr. and Mrs. Richard  
Noblitt, Mrs. Joyce  
Nodine, Mr. and Mrs. John  
Prince, Ms. Lois  
Waldrop, Mr. and Mrs. Hunter  
Young, Jr., Mr. and Mrs. W.J.

**Mr. Wallace Orenburg**  
Dodge, Mr. Fred

**Mrs. Jackie Plant**  
Ward, Ms. Freddie

**Mr. Walter Clyde Poteat**  
Frady, Mr. and Mrs. James  
Thomson, Mr. and Mrs. Albert

**Mrs. Julia Proctor**  
Goldsmith, Mrs. Bonnie

**Mrs. Julia Proctor & Sam III**  
Gowan, Jr, Mr. Tom

**Mr. Donald Ramsey**  
Galey and Lord

**Mr. Briscoe Randolph**  
Duke Power  
Roper, Mrs. Betty  
Stevens, Mr. and Mrs. Ronnie  
Webb, Mr. and Mrs. Gerald

**Mr. J.T. Reel**  
Reel, Alice

**Mr. Romeo Ricketts**  
Byrd, Mr. and Mrs. Roger  
Curtis, Mr. and Mrs. Michael  
Ghent, Mr. and Mrs. Avery  
Pleasant Gardens Bpt Ch Ladies  
Smathers, Jr, Mr. Robert  
Smith, Mrs. Margie  
Suttles, Mr. and Mrs. Gary

**Cric Smith Ritchie**  
Hollifield, Mr. and Mrs. Gilbert

**Mr. Edward Robinson**  
Suttles, Mrs. Edith

## **Nancy Greenlee**

**Office Volunteer** since 1995  
(retired licensed/ registered dietician)

"A Hospice volunteer talked me into volunteering with Hospice... after being involved in the organization I realized how much benefit it would have been to have Hospice when my father was requiring so much care.

I have been volunteering in the office on Friday mornings since I came. Also, I did Patient Care volunteering until I broke my leg and felt physically unable to care for the patients adequately. It's so rewarding to be out in the community and run into the family members of former patients and share the memories."

**Mrs. Clara Lea Sartain**

Green, Mr. and Mrs. Richard  
Huels, Ms. Lucille  
Murray, Mrs. Betty  
Vess, Mrs. Billie

**Mr. Jack Scott**

Cross Memorial Baptist Church  
Gulf States Paper Corp

**Mr. Harold Simmons**

Baxter Healthcare Corp

**Jo Sentelle Smith**

Brooks, Ms. Risberth

**Mrs. Eleanor L Smith**

Stewart, Mr. and Mrs. Al

**Mr. Henry Spencer**

Spencer, Ms. Juanita

**Mr. Richard Swanson**

Morgan, Mr. and Mrs. George  
Oconee Falls Property Association  
Shiller, Mr. and Mrs. David  
Southard, Mr. William  
Swanson, Mr. Kenneth

**Mr. Bud Tisdale**

Hollifield, Mr. and Mrs. Gilbert

**Mr. Preston A. Tisdale**

Austin, Mr. and Mrs. Julian  
Brown, Mr. and Mrs. Larry

**Mrs. Mildred Trinks**

Trinks, Mr. and Mrs. Thomas

**Mr. J.W. Watkins**

Gourley, Mr. and Mrs. Robert

**Mr. Robert Watson**

Hopkins, Mr. and Mrs. Jonathan

**Mr. Robert Webb**

Reel, Mr. and Mrs. Grover

**Mrs. JoAnn Whisnant**

Pleasant Gardens Baptist Church

**Mrs. Mary Juanita White**

Johnson, Mr. and Mrs. Richard

**Mrs. Mary White**

Grigg, Mr. and Mrs. Bobby  
Grigg, Mr. and Mrs. Joseph  
Smith, Mrs. Ruby

**Mrs. Andrea Wilken**

First Presbyterian Church

**Mr. Calvin Williams**

Ricks, Mrs. Carolyn

**Mr. Lyda Wilson**

Putman, Mr. and Mrs. Billy

**Mrs. Faye Wilson**

Rowland, Mrs. Becky



**Mrs. Maude Wilson**

Dover, Mr. and Mrs. William  
Hollifield Jr, Mr. and Mrs. Larry

**Mr. Charles Womack**

Blue Ridge Security  
Causby, Mr. and Mrs. Bill  
Causby, Mr. Fred  
Cuthbertson, Mr. and Mrs. Freddie  
Hill, Mr. and Mrs. David  
McKinney, Mr. and Mrs. Richard  
Murray, Mr. Faron

**Mrs. Bess Wood**

Reel, Mr. and Mrs. Grover

**Mrs. Mary Wood**

Hensley, Mr. and Mrs. Jerry  
Hollifield, Mr. Roy  
Segars, Mr. and Mrs. James

**Mrs. Bonnie Young**

Laughridge, Mrs. Celia

**Mrs. Louise Young**

Young, Mr. and Mrs. John

**Organization**

Bass Fundraiser - Marion McDowell  
Bassmasters

**Contributions - Churches**

Carson's Chapel United Methodist Church  
Clinchfield Presbyterian Church  
Concord United Methodist Church  
DavisTown Freewill Baptist  
First Presbyterian Church  
Friendship Baptist Church  
Glenwood Baptist Church  
Glenwood Independent Baptist Church  
Liberty Freewill Baptist Church  
Pinnacle Baptist Church  
Providence United Methodist Church  
Rocky Pass Freewill Baptist  
Trinity United Methodist Women  
Victory Temple Full Gospel  
Yancey Street Baptist  
Zion Hill Baptist Church-General Fund  
Zion Hill Bpt Ch Willing Workers  
Zion Hill Faith SS Class

**Contributions - Clubs & Organizations**

Christian Clothing Center  
McDowell Aid To Elderly, Inc.  
Pilot Club of Marion, Inc  
The Helping Hand Shop

**Contributions - Corporate**

Baxter Healthcare Corp  
Marion Credit Company, Inc.  
McDowell Internal Medicine  
McDowell News  
Wal-Mart Foundation

**Contributions - Schools**

Old Fort Elementary School/Jr Beta club

**Contributions- Individual**

Bailey, Mr. and Mrs. Wendell  
Baker, Mr. Marion  
Barnhardt, Mrs. Mary  
Cauthen, Mr. and Mrs. Hy  
Fowler, Mrs. Sue  
Gosorn, Mr. Howard  
Khan, Mr. and Mrs. Mahmoodullah  
Marion Credit Company, Inc.  
McArthur III, Mr. Colin  
McCraw, Mr. Theodore  
Miller, Mr. George  
Painter, Mrs. Truby  
Reiff, Mr. Robert  
Stroud, Mr. and Mrs. Gary  
Suttles, Ms. Linda  
Swann, Mr. and Mrs. Gayden

**THOUGHTS ON HEALING**

**Remember that your pattern of grief is uniquely yours.**

**You may better understand your feelings and thoughts by reading about, watching and listening to how others react to grief, then pattern your own healing around what works for you.**

**Ignore other's attempts to tell you how you should feel grief or for how long you should feel it.**

**Write a letter, a poem, a journal entry; draw a picture or through an imaginary conversation - pour out the feelings you felt that you could not express.**

**Remember tears that spring from love foster healing and renewal.**

***Giving  
From the  
Heart!  
Community  
Events  
Support  
Hospice.***

**Helping Hands  
Gives to Hospice**

Bobby Smith of Helping Hands presents Mark Wise, executive director of Hospice of McDowell County, Inc., with a check for \$10,000 on March 30, 2004. Wise said the money is to be used for "bereavement needs because we aren't reimbursed for those kinds of things and for assisting families in financial need."



Bobby Smith of Helping Hands presents Mark Wise, executive director of Hospice of McDowell County, Inc., a check for \$10,000 on March 30, 2004.

Pictured above are (from left) Rose Thomas of Helping Hands, Smith, Wise, Sim Butler, education outreach coordinator for Hospice, and Charles Radford of Helping Hands.

Charles and Mary Lou Radford have been volunteer managers of Helping Hands since 1997 and a total of \$101,500 has been raised for Hospice of McDowell County, Inc. in that time. In late May, 2004 they were nominated and recognized as 2004 McDowell County Outstanding Volunteers. In spite of Charles' health problems, the Radford's are tireless workers, giving a huge amount of their personal time, about 60 to 80 hours per week. One of the Helping Hands volunteers, Joyce Estes, said, "They are wonderful, caring people that love to help others and I love working with them." Joyce also serves as a patient care volunteer for hospice.

They have managed the operation well, raising enough money to purchase the shop's building in addition to the funds donated to Hospice. Items donated are sold at low prices, thus enabling people with limited income to purchase significant clothing and household items. They have enriched many lives with this fulfilling ministry to our community, both for their customers and Hospice patients.

***The following pages will highlight  
some of those events.***



**Old Fort Elementary Supports Hospice**

Jr. Beta Club at Old Fort Elementary sponsored their annual fund raising event - a penny roll. They donated all proceeds to Hospice. Each class was encouraged to collect pennies, the winning classroom teacher was "rolled" in a wheelbarrow while the students cheered her on! Thanks Old Fort Elementary for a great job of supporting Hospice.

**Chair Raffle**

*...a huge success!*

Max Woody, local chair maker, donated a handsome rocking chair to Hospice for a fundraising raffle. The handmade, red oak colonial ladder-back chair raised \$1600 for Hospice of McDowell County, Inc. Hospice wishes to thank the local banks and the library that displayed the chair and Mike Reel, volunteer, who diligently moved it from place to place. The winning ticket was drawn by Little Miss McDowell, Carly Calhoun, following the July 4th parade in Marion and the winner was Jim Isaacs.

He is a seventh generation chair maker selling chairs to folks from every state in the Union as well as 10 or 12 foreign countries. There's a two-and-a-half-year wait for one of these rockers. He considers his biggest achievement, with God's help, has been to touch a lot of people's lives. The Max Woody Chair Shop is located at 3355 US 70 West in Marion.

Caption for Photo:  
 McDowell's Support Our Students program donated an assortment of scarves and hats, for people who lose their hair due to cancer treatments, to Hospice. They also donated 24 cases of diapers to the county Department of Social Services. Pictured are (from left) Hospice Education Outreach Coordinator Sim Butler, S.O.S. Director Billy Martin, former DSS Child Protective Services Supervisor and current Hospice Family Resource Coordinator Lisa Sprouse, students Bridgett Walsh and Jennifer Walsh, State Director for The Governor's S.O.S. Dr. Christopher Eaddy, and S.O.S. Site Coordinator Danielle Hiatt.

### S.O.S Makes Gift to Hospice Patients

The McDowell County Support Our Students is an after-school program that operates through a grant written by McDowell Arts and



### Benefit Bass Tournament Awards Hospice Proceeds

Steven Arrowood presented a check for \$2,725 to Mark Wise at the conclusion of the 2<sup>nd</sup> Annual Benefit Bass Tournament held on Saturday, April 10<sup>th</sup>.



Also pictured with Mark is Doreen Reynolds, Volunteer Coordinator at Hospice. The tournament is held annually at Lake James by the Marion-McDowell Bass Masters and the 2003 tournament raised \$4,000 for hospice.

**Mark Wise, Exe. Director and Doreen Reynolds, Vol. Coordinator of Hospice of McDowell County, Inc. accepts a check from Steven Arrowood.**

### Thanks to Crane Resistoflex!

We would like to take a moment to acknowledge and thank the management and employees of Crane Resistoflex for their generous donation of fax machines for our office. Fax is such a vital tool for us daily as we communicate with other medical offices and vendors. These machines give us a better tool for getting the job done in a timely and professional manner. We Appreciate your generosity!

### Volunteer Coordinator WISH LIST

- 1 Patient **Contact Record** sheets & Time Sheets turned in monthly by the 10<sup>th</sup>. (If we have no paperwork to back up your visits, you never went.)
- 2 Patient Care volunteers with current assignment to **attend biweekly IDT** meetings.
- 3 Volunteers to update & maintain **Hospice Scrap Book**.
- 4 Volunteers to do **Bereavement visits**.
- 5 Volunteer **Quilters**: material has been donated for a quilt. Once it is pieced it may be raffled as a fund raiser.



**Contact Hospice of McDowell County, Inc. at...**  
 218 Logan Street  
 Marion, North Carolina 28752



Phone: (828) 652-1318  
 Fax: (828) 659-1631  
 Email:  
 Web: www.hospiceofmcdowell.org

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Hospice of McDowell County does not discriminate on the basis of age, gender, national origin, race, creed, disability, or ability to pay.

Financial information about this organization and a copy of its license are available from the State Solicitation Licensing Branch at 1-888-830-4989. The license is not an endorsement by the State.



**OPPORTUNITIES TO ASSIST HOSPICE**

I would like to learn more about participating in the Hospice volunteer program in regards to  
 \_\_\_Office volunteer      \_\_\_Patient/Family support Volunteer      \_\_\_Bereavement follow-up Volunteer

I would like to make a donation in **memory of:** \_\_\_\_\_  
**honor of:** \_\_\_\_\_

This gift is made by:  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_

Please send an acknowledgment to:  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Please make checks payable to **Hospice of McDowell County, Inc.**

Check here if you do not want your name published in the contributions list of the newsletter.  
**Please note:** When a gift is given to Hospice, a receipt is mailed to the donor, the donor's name is listed in our newsletter and an acknowledgment is sent to the family of the individual being honored or remember.